HALIBURTON HIGHLANDS HEALTH SERVICES
Leaders in Innovative Rural Health Care



"I have a new lease on life. I am able to walk freely again." *2016 participant*

FREE FALLS PREVENTION COURSE

OPEN TO ALL SENIORS

EXERCISE CLASSES

PLEASE SIGN UP, we'd love to see you…

WILBERFORCE – Lloyd Watson Arena

Tuesdays & Thursdays @ 11:30 AM – 12:30

May 8th to July 24th, 2017

HALIBURTON - Ruth Parks Room @ Haliburton Hospital

Tuesdays & Thursdays @ 11:00 AM - 12:00

July 31st to October 20th, 2017

Box 956, 7185 Gelert Road

Haliburton, ON

Phone: 705-457-2941 ext. 2922
Fax: 705-457-5077
E-mail: nbrownsberger@hhhs.on.ca